



CANCER

What is it?

While it may affect different organs or parts of the body, all types of cancer have one thing in common: the normal mechanism of cell life and death is interrupted, creating a cell type that does not follow the normal laws of the body. Cancerous cells proliferate beyond what should be a normal cell life cycle, allowing these cells to grow and multiply. This growth of abnormal cells may be slow or fast, depending upon the type of cell and area of the body involved. In our modern world, cancer is reaching epidemic proportions, as nearly 1 out of 2 Americans born today will experience a cancer diagnosis at some point in their lifetime.

Key ideas:

- Cancer affects nearly 11 million Americans at any one time
- Approximately 1.5 million Americans will receive a cancer diagnosis this year
- Treatment options are dependent upon the type of cancer, its location, and whether or not the cancer has spread to lymph nodes or other organs.
- While there are certain cancers that are a result of lifestyle or chemical exposure, most are not attributable to one cause.
- Risk factors include older age, tobacco, alcohol, sunlight, ionizing radiation, some viruses and bacteria, certain hormones, family history, diet and inactivity.
- Some people develop cancer without having any risk factors, while others with risk factors never develop cancer.

How do we treat it?

At Nurture Clinic, we treat you as a whole person. Cancer is one part of your health, but it is not the only issue that needs to be addressed. For cancer to develop, three things must happen:

- 1.) Normal immune system surveillance is interrupted for some reason
- 2.) The liver's capacity to detoxify is compromised in some way
- 3.) There is an emotional trigger of some sort, either a single event or a longer standing pattern of emotional imbalance

We work with you to treat each of the above issues, as well as any other areas of imbalance. For our patients who are undergoing surgery, radiation and/or chemotherapy, we prescribe additional remedies that will help to minimize side effects and maximize the efficacy of the conventional therapies. We commonly work as part of a team of physicians, and are happy to communicate with your other medical providers at your request.